



THE KADI HEARTBEAT

PROVIDING SUSTAINABLE HEALTH CARE TO THE PEOPLE OF SOUTH SUDAN

A THANK YOU NOTE

By: Joseph Dumba, MD

I trust that this newsletter finds you and your loved ones safe and well. For the last 10 years, The Healing Kadi Foundation (HKF) has provided medical, psychological, and spiritual counseling to more than 200,000 patients in South Sudan and Uganda. We have been able to achieve that because of our leadership team led by Dr. Chuck Tomek. When Chuck was first asked to serve as the president of the Foundation nine years ago, he did not hesitate to take on the task. At the time, the HKF was just beginning to grow, and the direction of the Foundation was still in its infancy.

In May 2011, our organization faced discomfort and heartache as two of our executive members departed: Mr. Wayne Naro was called home to be with the Lord and the former senior pastor at Covenant Presbyterian Church (also the president of HKF) left for commitments elsewhere. This situation left Anita Rodriguez (Treasurer) and myself as the only two executive people on board. It was a scary moment for our young organization to go through such a trial. Despite our unnerving situation, God had a plan since our Lord never fails. In July 2011, Dr. Chuck Tomek became the president of The Healing Kadi Foundation, accepting it on the condition that he was going to serve for only a couple of years.

Through his leadership, many ambitious programs began to take root in South Sudan. Chuck oversaw the shipping of three containers, famously called "Clinics-in-a-Can" that have now served over 100,000 patients in South Sudan. He also walked us through the transition from our operations in South Sudan to creating a new clinic in the refugee camps in Uganda. Under the leadership of Chuck and with God's intervention, we finally became an international organization.

Chuck is a tireless worker and has been to some of the roughest and most difficult living conditions in South Sudan and Uganda. He has served patients deep in remote villages with limited access to water, healthcare, roads to towns, and electricity. When Chuck is not caring for patients, he is lobbying for them. He has met with the Vice President of South Sudan and several ministers to bring the message of love, hope, and self-reliance for the people of South Sudan.

In 2019, Chuck retired from full-time work as an emergency room physician to spend more time with family and to travel, and in June of 2020, he stepped down as the president of HKF. Chuck will remain on the board as Vice President, continue to be an ambassador for us, go on missions, and will continue to guide us as we transition and continue the mission of this Foundation.

We have been blessed and honored to have a true leader among us, and as he passes the baton to me, I am happy that he will be by my side for the foreseeable future. The Healing Kadi Foundation has a talented group of board members who have committed their time and resources to build it into a world-class organization. As Chuck has led by example, we will continue to do the good work of God and grow, following the path Chuck has laid down for us.

I am deeply indebted to Chuck and everything he has done for our organization. Filling his shoes will not be an easy task.

Thank you, Chuck, for your time, talents, kindness, and generosity. The people of South Sudan and Uganda will never be able to repay you, but your rewards will come from the Almighty.



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THANKS FOR YOUR SUPPORT

By: Joseph Dumba, MD

This has been a year that many of us will remember for decades to come. The COVID-19 nightmare has touched every corner of the world. It has left no community unaffected. Schools have been closed or transitioned to online classes. The practice of medicine has seen a transformation like no one has seen before. During the peak of the pandemic, telemedicine by video or phone became a lifeline for those who have access to the Internet or who are able to manipulate the complexity of using a smartphone.

We have options, but there are populations that do not. While the COVID-19 pandemic rampages through developed and developing countries, those with limited services and resources and/or access to healthcare, have even bigger problems. In Sub-Saharan Africa this is the rainy season and with that comes the malaria parasite with a mosquito that inflicts death through blood contamination. Malaria normally presents with high fever, nausea, vomiting, headache, and loss of appetite. Sound familiar? These are the same symptoms that COVID-19 patients typically present with. How then do you differentiate between COVID-19 and malaria in a setting where patients barely have enough money to buy a mask? In rural Uganda or South Sudan, it is incredibly difficult.

The Healing Kadi Foundation is blessed with a dedicated team on the ground. At our facility in the refugee camp, we continue to see an increasing number of patients daily. Our employees have been working tirelessly to tend to the growing number of patients affected by COVID-19 among other ailments. My heart goes out to those on the frontline who have truly put themselves at risk in a situation with such limited resources. As we continue to fight against this invisible enemy, let's not forget those who are fighting the same battle but with less than half of the resources we have here.

Whether you live in the USA, Uganda, or South Sudan, there are heroes all over. From those who care for the patients directly to those behind the scenes, transporting or preparing meals -- all are equally important.

We thank you for your prayers and financial support. Every little bit goes a long way! May God bless you richly!

PATIENT SUCCESS STORY

By: The Healing Kadi Clinic



Thank you to our supporters. Without your help this eight-year old boy would have lost his life to Type 1 Diabetes. He was diagnosed in the refugee camp when his mother brought him to the clinic due to rapid weight loss and weakness that almost claimed his life. Our doctors recognized the classic symptoms of Type 1 Diabetes and immediately initiated insulin therapy. The Healing Kadi Foundation continues to buy insulin for him and two other teenage girls with Type 1 Diabetes. Your donations are life saving to many patients seen in our clinic. Thank you!



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SUPPORT TOUR DE HKF 2020

“Lets Get Physical Weekend”



Weekend of October 2-4, 2020

\$50.00 registration Fee

<https://tourdehkf.eventbrite.com>

How do you participate?

The Healing Kadi Foundation allows you to participate in a virtual 'Lets Get Physical Weekend' from wherever you live!!

“Tour De HKF 2020”
 #TourdeHKF2020

- All ages and fitness levels are welcome
- Run, Walk, Bike, Roller blade or any physical activity of your choice
- Complete as many miles as your choose during the weekend of October 2-4, 2020
- When you have completed your miles for the weekend, screenshot your miles and email to nhathaway@healingkadi.org to be eligible to win the raffle prize!
- One participant will win a special prize!

Why do you participate?

Our clinic serves people over a 100 mile radius who must walk to receive care!

Take Photos 'Getting Physical' and share them on our Facebook or Instagram! Use our hashtag #TourdeHKF2020



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Help Build HOPE!

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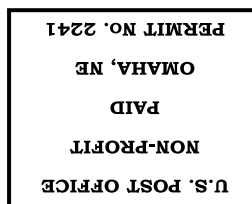
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So the poor have hope...

Job 5:16



OMAHA, NE 68108

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THE HEALING KADI FOUNDATION